

Lord I have cried

Apostle Quadratos & Hieromartyr Phocas

Tone 1

Kievan

Being il - lu - mined in soul with the beams of hea - ven - ly grace,

The first line of musical notation is in G major (one flat) and 4/4 time. It consists of a treble and bass staff. The melody is primarily in the treble staff, with a supporting bass line. The lyrics are written below the treble staff.

in this world thou didst break forth as a light,

The second line of musical notation continues the melody and bass line from the first line. It is marked with a '2' above the treble staff. The lyrics are written below the treble staff.

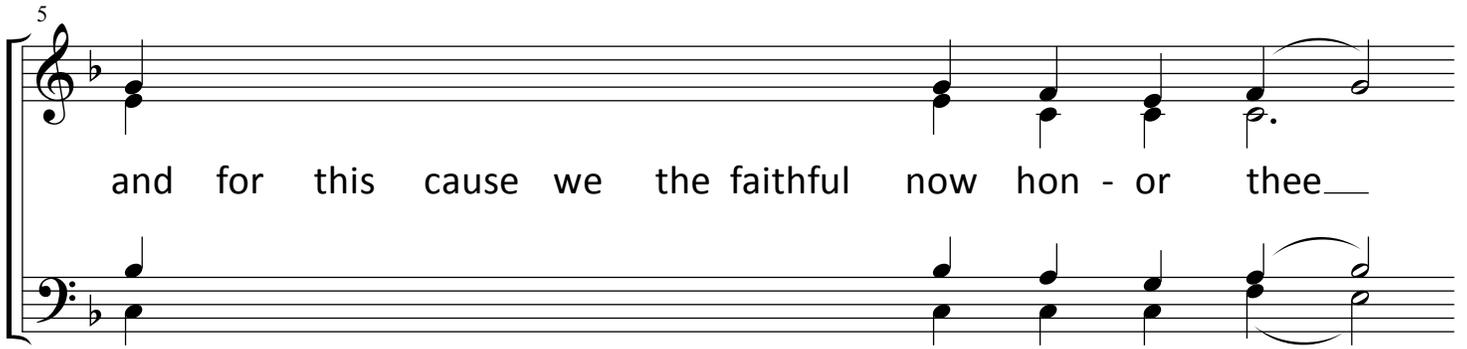
O Quan - dra - tos, shining on all men with the lu - min - ous rays

The third line of musical notation continues the melody and bass line. It is marked with a '3' above the treble staff. The lyrics are written below the treble staff.

of thy preach - ing in - spired by God; //

The fourth line of musical notation concludes the hymn. It is marked with a '4' above the treble staff. The lyrics are written below the treble staff, ending with a double slash to indicate the end of the phrase.

5
and for this cause we the faithful now hon - or thee



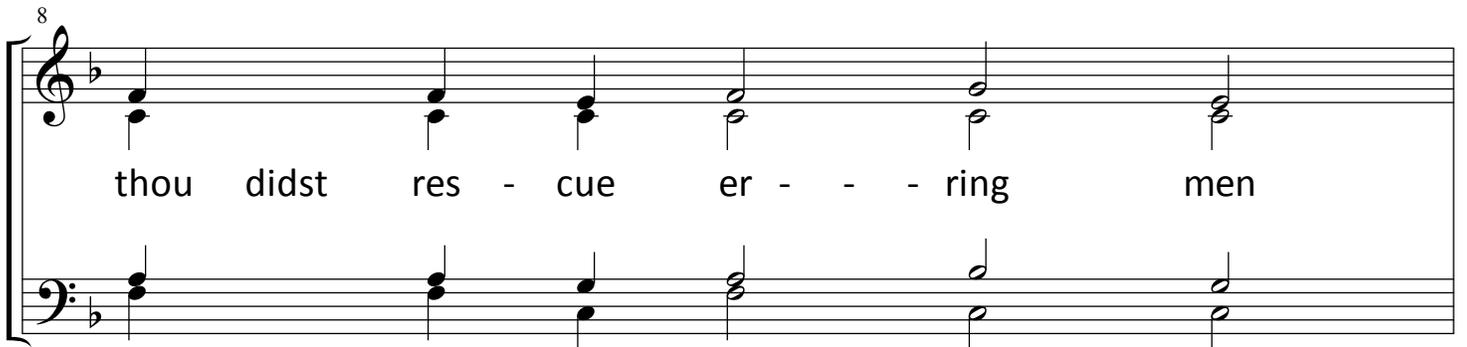
6
as a Martyr and A - pos - tle of Christ.



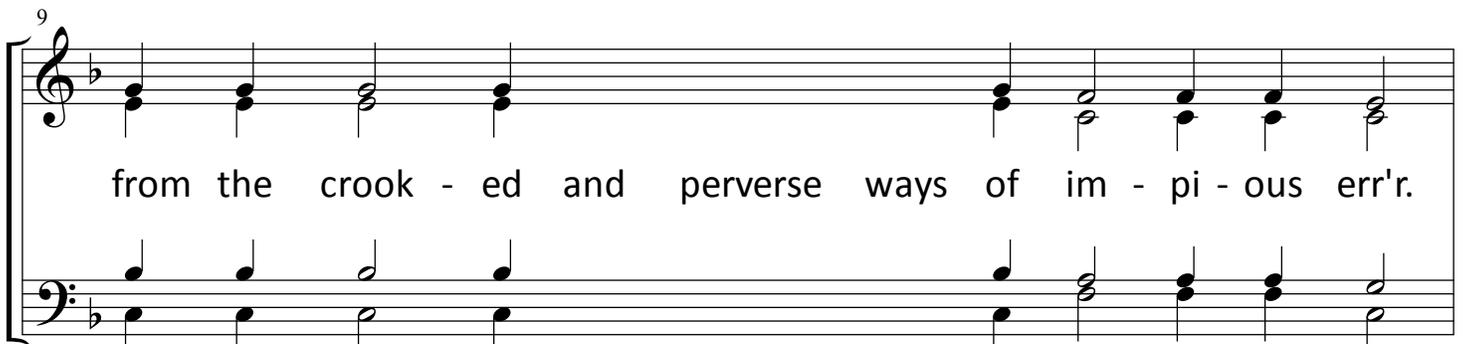
7
Walk - - - ing on the paths that are straight,



8
thou didst res - cue er - - - ring men



9
from the crook - ed and perverse ways of im - pi - ous err'r.



10

Where-fore, we the faith - ful now glo - ri - fy thee,

11

O A - pos - tle Quan-dra - tos most glo - ri - ous,

12

as an un - err - ing and true guide//

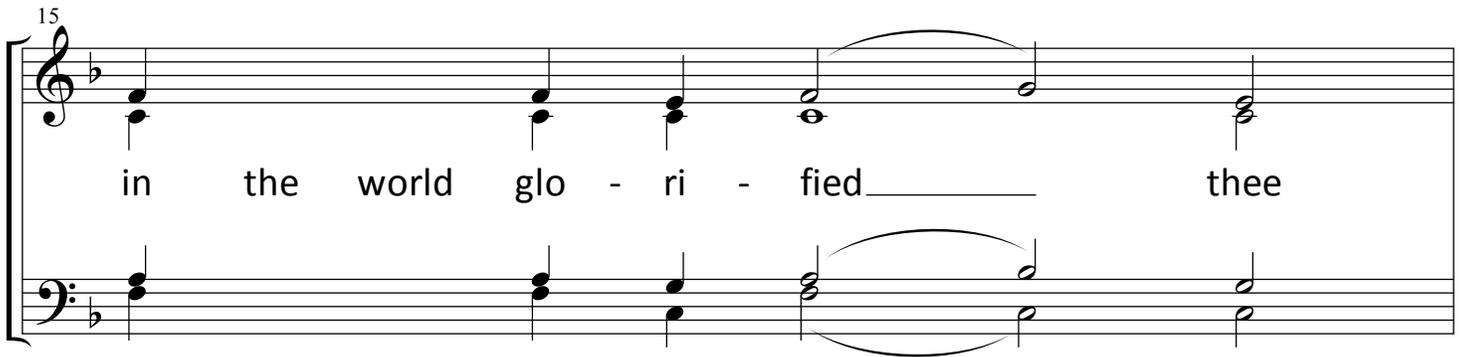
13

and as a means where - by we may be brought near to God.

14

The Lord our God, Who is mighty and won-drous in His Saints,

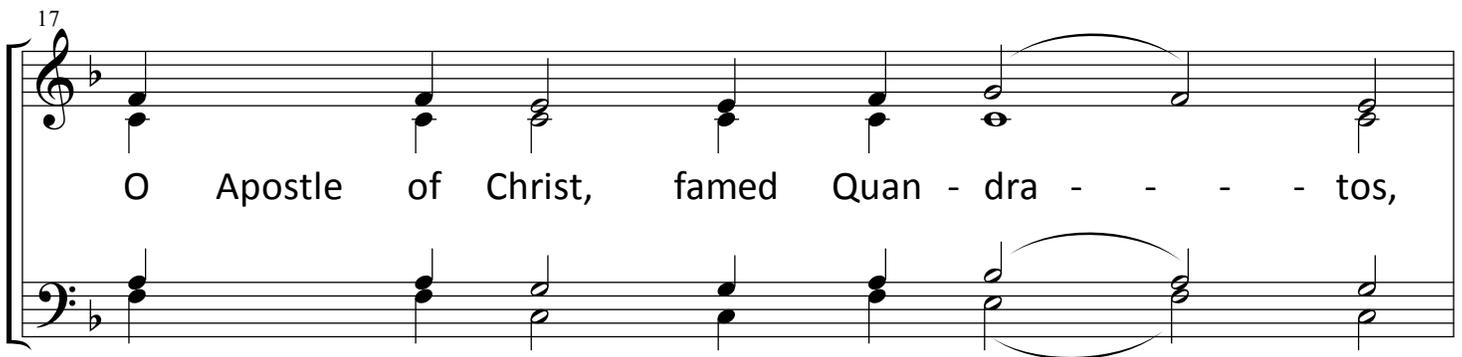
15
in the world glo - ri - fied _____ thee

Musical notation for measures 15 and 16. The system consists of a treble clef staff and a bass clef staff. The key signature has one flat (B-flat). The melody is in the treble clef, and the accompaniment is in the bass clef. Measure 15 contains the lyrics 'in the world glo - ri - fied' with a long horizontal line under 'fied'. Measure 16 contains the lyrics 'thee'.

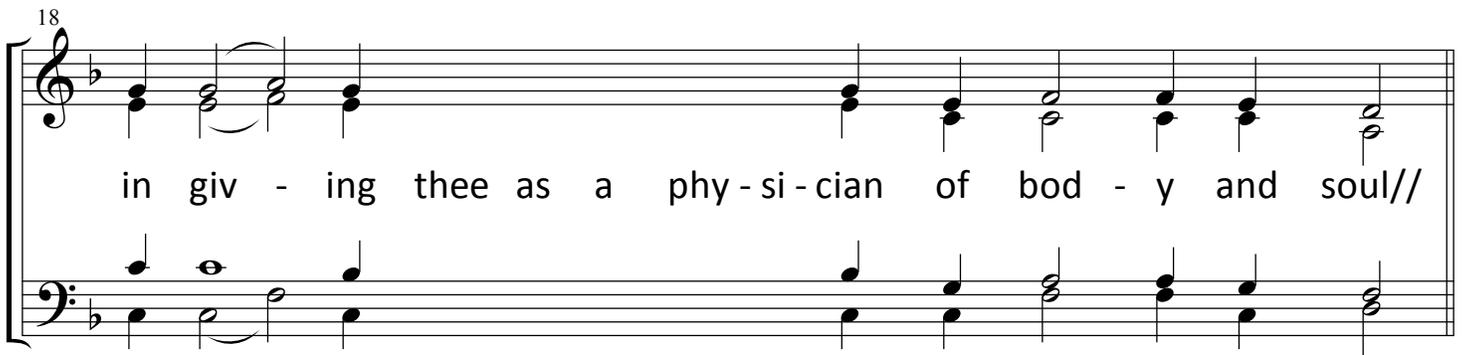
16
with the boun - t'ous glory of His gifts of grace,

Musical notation for measures 16 and 17. The system consists of a treble clef staff and a bass clef staff. The key signature has one flat (B-flat). The melody is in the treble clef, and the accompaniment is in the bass clef. Measure 16 contains the lyrics 'with the boun - t'ous glory of His gifts of grace,'. Measure 17 contains the lyrics 'O Apostle of Christ, famed'.

17
O Apostle of Christ, famed Quan - dra - - - - tos,

Musical notation for measures 17 and 18. The system consists of a treble clef staff and a bass clef staff. The key signature has one flat (B-flat). The melody is in the treble clef, and the accompaniment is in the bass clef. Measure 17 contains the lyrics 'O Apostle of Christ, famed'. Measure 18 contains the lyrics 'Quan - dra - - - - tos,'.

18
in giv - ing thee as a phy - si - cian of bod - y and soul//

Musical notation for measures 18 and 19. The system consists of a treble clef staff and a bass clef staff. The key signature has one flat (B-flat). The melody is in the treble clef, and the accompaniment is in the bass clef. Measure 18 contains the lyrics 'in giv - ing thee as a phy - si - cian of bod - y and soul//'. Measure 19 contains the lyrics 'to thee that with hymns ac - claim thee pi - ous - ly.'.

19
to thee that with hymns ac - claim thee pi - ous - ly.

Musical notation for measures 19 and 20. The system consists of a treble clef staff and a bass clef staff. The key signature has one flat (B-flat). The melody is in the treble clef, and the accompaniment is in the bass clef. Measure 19 contains the lyrics 'to thee that with hymns ac - claim thee pi - ous - ly.'. Measure 20 contains the lyrics 'to thee that with hymns ac - claim thee pi - ous - ly.' and ends with a double bar line.

St Phocas
Tone 1 (cont)

20

O god - ly Phocas, with thy sacred words didst thou cast down

21

the vain and empty folly of the i - dols, O Hier - arch,

22

es - tab - lish - ing all wav - er - ing hearts in the Faith,

23

and con - duct - ing them un - to life;/'

24

and as an athlete thou law - ful - ly didst con - test,

25

to become a Mar - tyr of the Lord.

26

O sa - cred Phocas, by staining thy sa - cred priest - ly robe

27

in the blood flowing from thy sa - cred flesh,

28

O our Fa - ther, thou truly didst re - ceive two - fold crowns

29

from Christ God, O all - bless - ed, and thou___ dost

Detailed description: This system contains two measures of music. The first measure (29) has a treble clef with a key signature of one flat (B-flat) and a 4/4 time signature. The melody consists of quarter notes: G4, A4, Bb4, C5, Bb4, A4, G4. The bass line consists of quarter notes: G2, Bb2, C3, D3, E3, F3, G3. The second measure (30) continues the melody with a half note G4 and a quarter note A4. The bass line has a half note G2 and a quarter note Bb2.

now dance with the Angels in Hea - ven e - ter - nal - ly, //

Detailed description: This system contains two measures of music. The first measure (30) has a treble clef with a key signature of one flat (B-flat) and a 4/4 time signature. The melody consists of quarter notes: G4, A4, Bb4, C5, Bb4, A4, G4. The bass line consists of quarter notes: G2, Bb2, C3, D3, E3, F3, G3. The second measure (31) continues the melody with a half note G4 and a quarter note A4. The bass line has a half note G2 and a quarter note Bb2.

31

as thou___ pray - est that we all___ be saved.

Detailed description: This system contains two measures of music. The first measure (31) has a treble clef with a key signature of one flat (B-flat) and a 4/4 time signature. The melody consists of quarter notes: G4, A4, Bb4, C5, Bb4, A4, G4. The bass line consists of quarter notes: G2, Bb2, C3, D3, E3, F3, G3. The second measure (32) continues the melody with a half note G4 and a quarter note A4. The bass line has a half note G2 and a quarter note Bb2.

32

Thou dost enlighten the whole earth with rays of mir - a - cles;

Detailed description: This system contains two measures of music. The first measure (32) has a treble clef with a key signature of one flat (B-flat) and a 4/4 time signature. The melody consists of quarter notes: G4, A4, Bb4, C5, Bb4, A4, G4. The bass line consists of quarter notes: G2, Bb2, C3, D3, E3, F3, G3. The second measure (33) continues the melody with a half note G4 and a quarter note A4. The bass line has a half note G2 and a quarter note Bb2.

33

and every day, O Father, thou dost suc - cor sea - far - ers;

Detailed description: This system contains two measures of music. The first measure (33) has a treble clef with a key signature of one flat (B-flat) and a 4/4 time signature. The melody consists of quarter notes: G4, A4, Bb4, C5, Bb4, A4, G4. The bass line consists of quarter notes: G2, Bb2, C3, D3, E3, F3, G3. The second measure (34) continues the melody with a half note G4 and a quarter note A4. The bass line has a half note G2 and a quarter note Bb2.

34

thou end - est ev'ry sickness of bod - y and soul

35

and dost drive off all mal - a - dies, O Mar - tyr Pho - cas, //

36

for thou hast re - ceived this grace

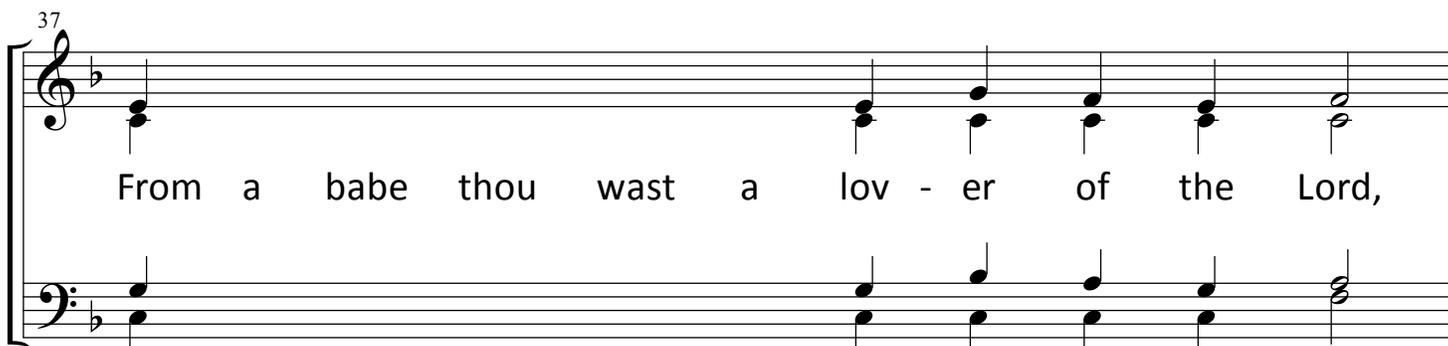
from the Lord, O Saint div - ine - - - ly blest.

Glory to the Father...

Tone 4

Kievan

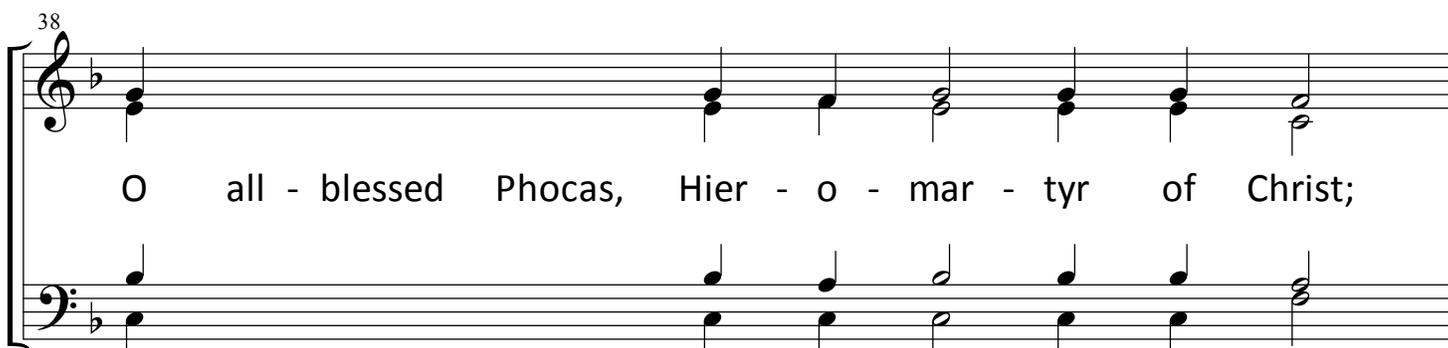
37



From a babe thou wast a lov - er of the Lord,

Detailed description: This block contains the musical notation for measure 37. It features a grand staff with a treble clef on the upper staff and a bass clef on the lower staff. The key signature has one flat (B-flat). The melody in the treble clef consists of a series of quarter notes: G4, A4, Bb4, C5, D5, E5, D5, C5, Bb4, A4, G4. The bass line consists of a series of quarter notes: G3, Bb3, C4, D4, E4, F4, G4, F4, E4, D4, C4. The lyrics are printed below the treble staff.

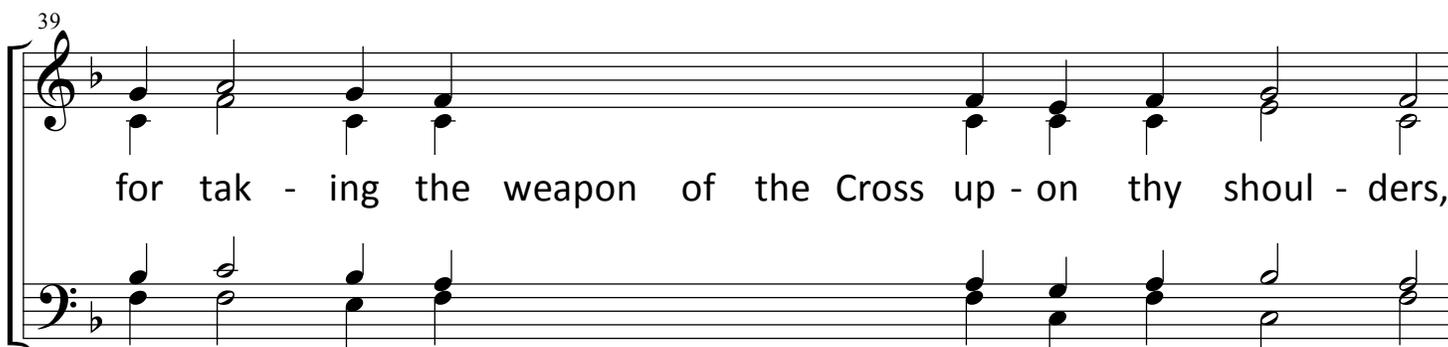
38



O all - blessed Phocas, Hier - o - mar - tyr of Christ;

Detailed description: This block contains the musical notation for measure 38. It features a grand staff with a treble clef on the upper staff and a bass clef on the lower staff. The key signature has one flat (B-flat). The melody in the treble clef consists of a series of quarter notes: G4, A4, Bb4, C5, D5, E5, D5, C5, Bb4, A4, G4. The bass line consists of a series of quarter notes: G3, Bb3, C4, D4, E4, F4, G4, F4, E4, D4, C4. The lyrics are printed below the treble staff.

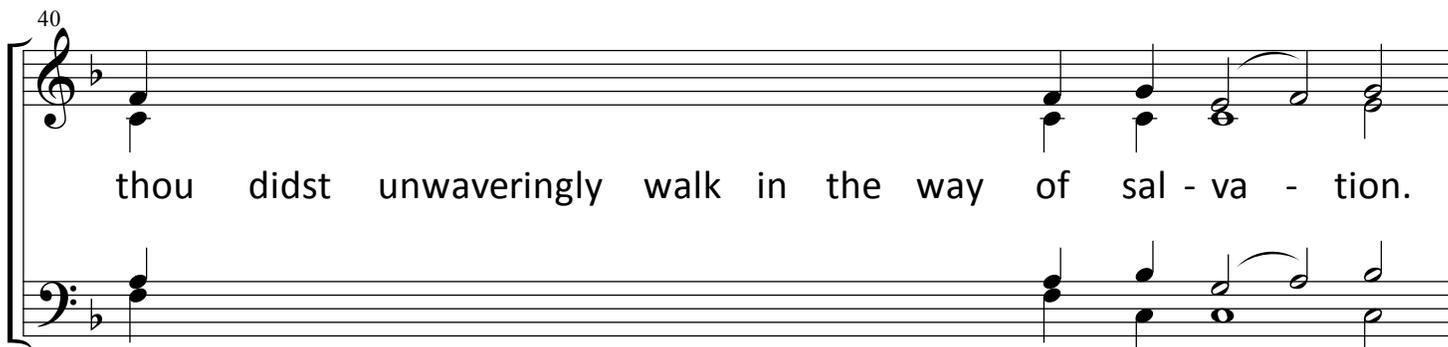
39



for tak - ing the weapon of the Cross up - on thy shoul - ders,

Detailed description: This block contains the musical notation for measure 39. It features a grand staff with a treble clef on the upper staff and a bass clef on the lower staff. The key signature has one flat (B-flat). The melody in the treble clef consists of a series of quarter notes: G4, A4, Bb4, C5, D5, E5, D5, C5, Bb4, A4, G4. The bass line consists of a series of quarter notes: G3, Bb3, C4, D4, E4, F4, G4, F4, E4, D4, C4. The lyrics are printed below the treble staff.

40



thou didst unwaveringly walk in the way of sal - va - tion.

Detailed description: This block contains the musical notation for measure 40. It features a grand staff with a treble clef on the upper staff and a bass clef on the lower staff. The key signature has one flat (B-flat). The melody in the treble clef consists of a series of quarter notes: G4, A4, Bb4, C5, D5, E5, D5, C5, Bb4, A4, G4. The bass line consists of a series of quarter notes: G3, Bb3, C4, D4, E4, F4, G4, F4, E4, D4, C4. The lyrics are printed below the treble staff.

41

There - by, thou becamest a fellow dweller with the An - gels,

42

and an ad - ver - sar - y of the de - mons;

43

and thou hast proved to be a

far - famed in - ter - ces - sor for the world.