

Lord I have cried

Martyr Paramonos and the 370 Martyrs of Bithynia

Tone 4

Kievan

Brightly ablaze with the clear illuminations of the

The first line of the hymn is written on a grand staff (treble and bass clefs) in G major (one sharp). The melody is simple, with the treble staff having a whole note on G4 and the bass staff having a whole note on G3. The lyrics are "Brightly ablaze with the clear illuminations of the".

Ho - ly Spi - rit, O divine Par - a - mo - nos,

The second line of the hymn continues the melody. The treble staff has a half note on G4, a half note on A4, a half note on B4, and a half note on A4. The bass staff has a half note on G3, a half note on A3, a half note on B3, and a half note on A3. The lyrics are "Ho - ly Spi - rit, O divine Par - a - mo - nos,".

thou didst com - plete - ly a - bom - i - nate

The third line of the hymn continues the melody. The treble staff has a half note on G4, a half note on A4, a half note on B4, a half note on A4, a half note on G4, a half note on F#4, a half note on E4, and a half note on D4. The bass staff has a half note on G3, a half note on A3, a half note on B3, a half note on A3, a half note on G3, a half note on F#3, a half note on E3, and a half note on D3. The lyrics are "thou didst com - plete - ly a - bom - i - nate".

that deepest dark - ness of ma - ny gods;

The fourth line of the hymn continues the melody. The treble staff has a half note on G4, a half note on A4, a half note on B4, a half note on A4, a half note on G4, a half note on F#4, a half note on E4, and a half note on D4. The bass staff has a half note on G3, a half note on A3, a half note on B3, a half note on A3, a half note on G3, a half note on F#3, a half note on E3, and a half note on D3. The lyrics are "that deepest dark - ness of ma - ny gods;".

5

and thou of thine own_ ac - cord nobly wentest forth to

seize the op - por - tu - ni - ty for fights and contests

that lay at hand, O bless - ed Mar - - - tyr;

8

and as a vic - tor thou threwest to the ground

that boast - ful fraud, the foe of mor - tal men,

10

and hereby thou didst mag - ni - fy Christ

our God.// Do thou there - fore en - treat Him

12

to enlighten and to save our souls.

13

When thou beheldest a mul - ti - tude of peo - ple

14

slaughtered for the sake of God, the on - ly King of all,

15

thou, O Par - a - mo - nos, was sub - dued

This system contains measures 15 and 16. The melody is in the treble clef, and the bass line is in the bass clef. The key signature has one flat (B-flat). The lyrics are: 'thou, O Par - a - mo - nos, was sub - dued'.

16

and captivated with zeal for God; where-fore, thou didst cry a-loud:

This system contains measures 17 and 18. The melody is in the treble clef, and the bass line is in the bass clef. The key signature has one flat (B-flat). The lyrics are: 'and captivated with zeal for God; where-fore, thou didst cry a-loud:'.

18

Know ye this, law - less ty - rants, that I am the genuine

This system contains measures 19 and 20. The melody is in the treble clef, and the bass line is in the bass clef. The key signature has one flat (B-flat). The lyrics are: 'Know ye this, law - less ty - rants, that I am the genuine'.

servant of Christ now and ev - er - more and come

This system contains measures 21 and 22. The melody is in the treble clef, and the bass line is in the bass clef. The key signature has one flat (B-flat). The lyrics are: 'servant of Christ now and ev - er - more and come'.

un - bid - den now to be sacrificed like a guile - less lamb.

This system contains measures 23 and 24. The melody is in the treble clef, and the bass line is in the bass clef. The key signature has one flat (B-flat). The lyrics are: 'un - bid - den now to be sacrificed like a guile - less lamb.'

21

Hence, tarry not, for sore - ly I de - sire

22

to become an ac - cept - a - ble off - er - ing//

23

unto Him Who for my sake

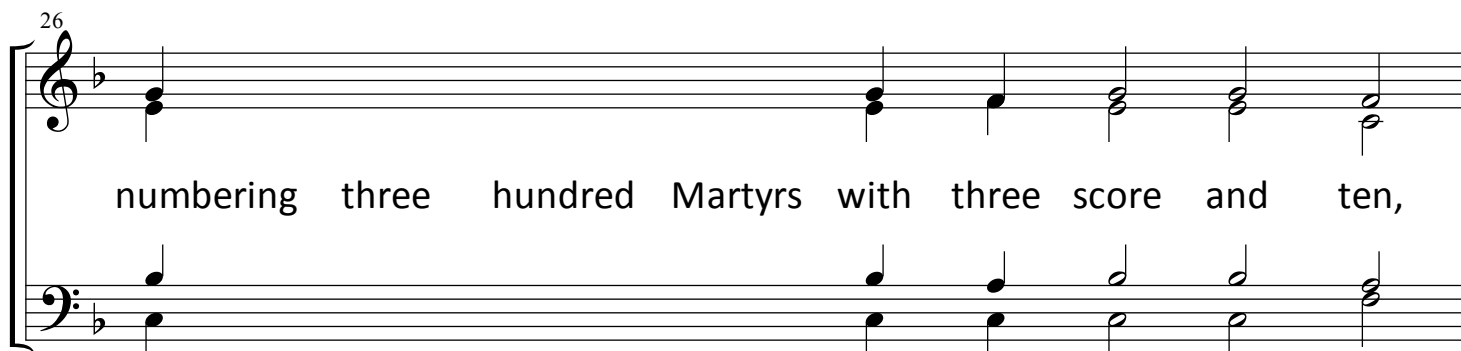
24

in the flesh was off - ered will - - - ing - ly.

25

The honored chorus of trophy - bear - ing ath - letes

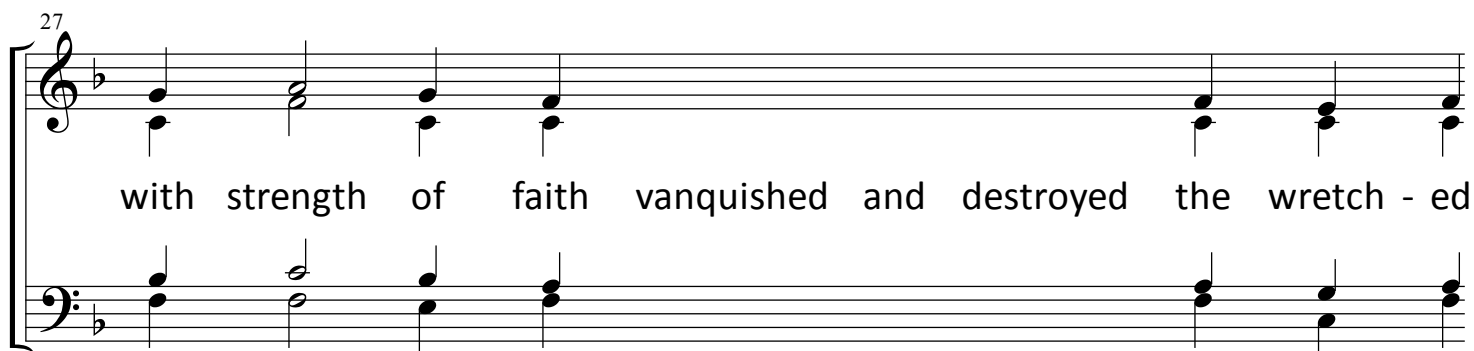
26



numbering three hundred Martyrs with three score and ten,

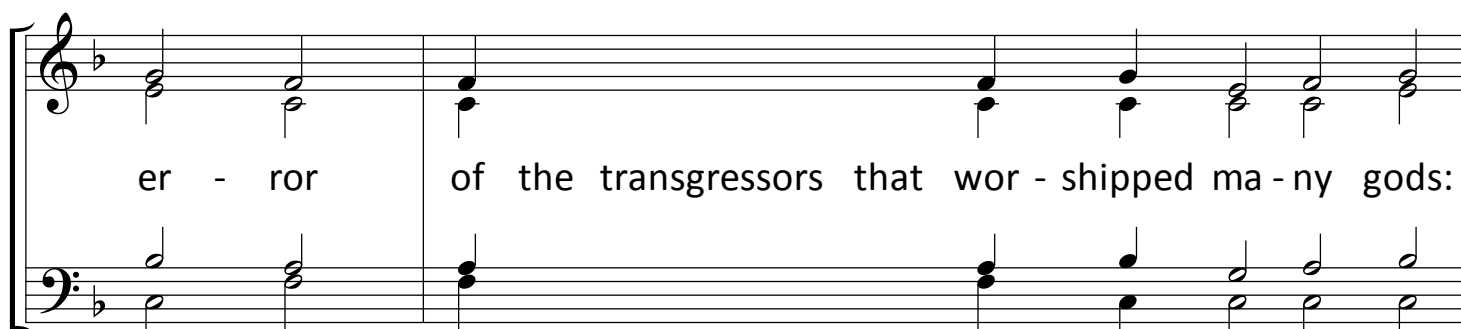
This system contains measures 26 and 27. The music is in G major (one sharp) and 4/4 time. Measure 26 features a treble staff with a half note G4, a quarter note A4, and a half note B4, and a bass staff with a half note G2, a quarter note A2, and a half note B2. Measure 27 continues with a treble staff having a half note C5, a quarter note B4, and a half note A4, and a bass staff with a half note C3, a quarter note B2, and a half note A2.

27



with strength of faith vanquished and destroyed the wretch - ed

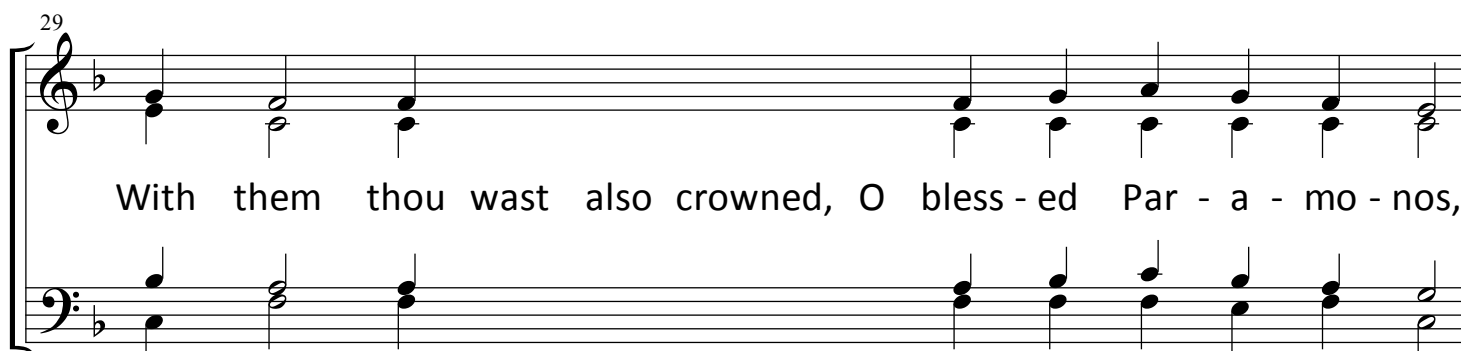
This system contains measures 28 and 29. Measure 28 has a treble staff with a half note G4, a quarter note A4, and a half note B4, and a bass staff with a half note G2, a quarter note A2, and a half note B2. Measure 29 has a treble staff with a half note C5, a quarter note B4, and a half note A4, and a bass staff with a half note C3, a quarter note B2, and a half note A2.



er - ror of the transgressors that wor - shipped ma - ny gods:

This system contains measures 30 and 31. Measure 30 has a treble staff with a half note G4, a quarter note A4, and a half note B4, and a bass staff with a half note G2, a quarter note A2, and a half note B2. Measure 31 has a treble staff with a half note C5, a quarter note B4, and a half note A4, and a bass staff with a half note C3, a quarter note B2, and a half note A2.

29



With them thou wast also crowned, O bless - ed Par - a - mo - nos,

This system contains measures 32 and 33. Measure 32 has a treble staff with a half note G4, a quarter note A4, and a half note B4, and a bass staff with a half note G2, a quarter note A2, and a half note B2. Measure 33 has a treble staff with a half note C5, a quarter note B4, and a half note A4, and a bass staff with a half note C3, a quarter note B2, and a half note A2.

30



when thou hadst striv - en cour - a - geous - ly;

This system contains measures 34 and 35. Measure 34 has a treble staff with a half note G4, a quarter note A4, and a half note B4, and a bass staff with a half note G2, a quarter note A2, and a half note B2. Measure 35 has a treble staff with a half note C5, a quarter note B4, and a half note A4, and a bass staff with a half note C3, a quarter note B2, and a half note A2.

31

and thou in gladness wast numbered with the an -

gel - ic choirs on high. with them beseech that we might

be re - deemed from temptations, af - flic - tions, and

ev - 'ry woe, // as we loud - ly ex - tol thee

35

and sincerely call thee blest of God.