

Lord I have cried

St Menas

Tone 8

Kievan

Thou didst give thy-self up like a lamb to_ will-ing slaught-er and death,

The first system of musical notation for the hymn. It consists of a treble and a bass staff joined by a brace on the left. The key signature has one sharp (F#). The melody is written in the treble staff, and the bass staff provides a harmonic accompaniment. The lyrics are written below the staves.

im - i - ta - ting the pas - sion of Him Who is dis - pas - sion-ate,

The second system of musical notation. It continues the melody and accompaniment from the first system. The lyrics are written below the staves.

O all - famed prize - win - ner, Me - - - - nas.

The third system of musical notation. It continues the melody and accompaniment. The lyrics are written below the staves.

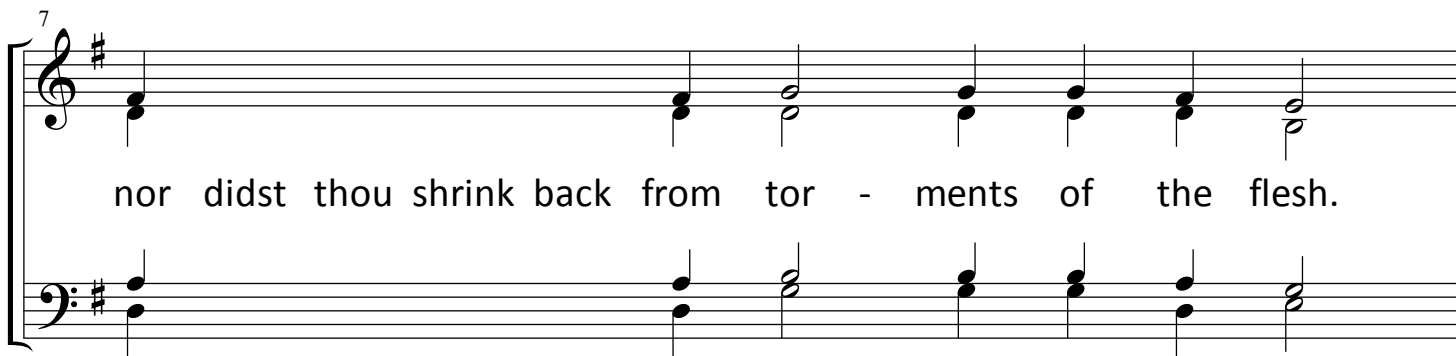
Thou didst not fear the wrath of ru - - - lers,

The fourth system of musical notation. It continues the melody and accompaniment. The lyrics are written below the staves.

St Romanos Monastery, Williamston, Michigan

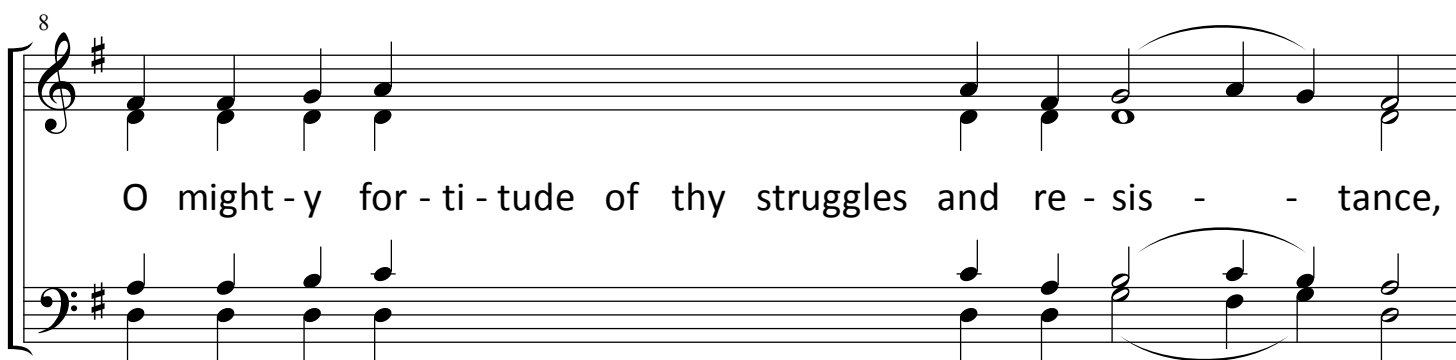
Some texts may have been adapted from Internet sources, the Antiochian Archdiocese and St John of Kronstadt Press.

7



nor didst thou shrink back from tor - ments of the flesh.

8



O might - y for - ti - tude of thy struggles and re - sis - - tance,

9

where-by, thou threwest to the earth the_ haught - y foe,/'

10



O Me - nas, thou_ Mar - tyr of Christ.

11

Thou was scraped and torn with ma - ny wounds; like the

Mas - ter of old, thou was stretched out on a wood - en stock;

13

all thy sides were ruth - less - ly crushed and beaten with i - ron rods.

15

Yet thou didst nev - er de - ny the Name of Christ,

16

hav - ing the eyes of thy soul on Him a - lone;

17

look - ing forth steadfastly to Him, O Saint, // thou didst brave - ly

endure all the pain inflicted on thy flesh, O blest Me - nas.

19

All the darkness of I - dol - a - try, the mur - ky gloom of the world

21

with the coun - cils of god - less men and the mor - tal sol - dier - y

23

thou for - sook for the love of Christ

24

O most re-nowned Me - nas, thou was num - - - bered

25

with that enlistment of His div - ine e - lect. There - fore,

thou was shown to be an un - con - quered Mar - - - tyr

27

in all truth when thou stro - vest most cour - a - geous - ly//

28

in the con - test for _____ His _____ sake.

Glory to the Father...

Tone 6

Kievan

29

Once again the an - nu - al mem - or - i - al

This system contains measures 29 and 30. The melody is written in a treble clef with a key signature of one flat (B-flat). The accompaniment is in a bass clef. Measure 29 consists of six chords. Measure 30 consists of five chords, with a slur over the last two.

30

of the luminaries of the whole world,

This system contains measures 30 and 31. The melody continues from measure 30 with a slur over the last two notes. Measure 31 consists of five chords.

31

Menas, Victor and Vincent hath dawned up - on us,

This system contains measures 31 and 32. The melody continues from measure 31 with a slur over the last two notes. Measure 32 consists of five chords.

32

il - lu - mi - na - ting the hearts of the faith - ful

This system contains measures 32 and 33. The melody continues from measure 32 with a slur over the last two notes. Measure 33 consists of five chords.

33

with their con - tests for Christ through the Cross;

34

where-fore, with hymns let us hon - or Christ our God, //

35

Who hath crowned them with glo - ry and hon - - - or.

Tone 1

36

As we the faithful gath - er to - geth - er,

37

let us laud with mar - tyr - ic prais - - - es

38

and spir - 'tual songs that cham - pion of Christ,

39

the cel - e - brat - ed Me - - - - nas;

40

for bat - tl - ing the in - vis - i - ble en - e - mies

41

and law - ful - ly con - tend - - - ing,

42

he worth - i - ly received the prize of vic - to - ry.

43

and now danc - ing that ev - er - last - ing dance

44

with _____ the an - gels in hea - ven, //

45

he pray-eth for peace and Great Mer - cy for our souls.